

# **Climbing Options for Residential Communities**

Residential communities are a competitive area that is well suited to distinctive amenities. Climbing is innovative and appealing, a lifestyle choice; however traditional climbing walls have safety and staffing concerns that made them unsuitable for residential environments.

Since 1990, Brewer Fitness has been developing climbing options that are safe, reasonably priced, easy to install and do not require special staffing. Choices are made based on space, budget, type of facility and age group. The following is a summary.

## 1. LedgeWall™ Panel System

LedgeWall Panels are attractive 4' x 8' panels used to build small training and climbing areas. Their carved texture is 100% wood, with installations in areas as low as 7 -8' ceilings. A small 2-3-panel wall at makes an outstanding stretching area that has great visual appeal.

Typical areas might include a small fitness room, day care or a recreation area.

### 2. Boulderboard®

Boulderboards are a small footprint option used for upper body power and training. The use climbing holds, have a full pull-up bar, and make a wonderful statement in a small space.

**Typical area** is a **fitness center**. Purchase alone or in groups based on space and use.

#### 3. Laddermill®

The Laddermill is our innovative training piece, an intuitive and challenging way to achieve functional, full body workouts. It is striking to look at yet accessible to all users. It uses our proven motor-less engineering and maintenance-free approach. Installing is simple and can be done by on-site crews in 1-2 hours.

**Typical area** is a **fitness center**. Purchase alone or in groups based on space and use.

## 4. Treadwall® fitness and training walls

The Treadwall is a striking, rotating climbing wall for all ages. It is an excellent open-use training structure requiring the same supervision as standard fitness equipment. Operation is motor-less with 9-12v power used for sensors only. A Treadwall symbolizes world-class fitness training and an exciting and healthy form of recreation. Numerous options like casters, back covers, security covers and exterior upgrades modify the Treadwall for any location.

**Typical areas** might include a **fitness center or kid's areas**. These require 10' to 11' ceilings. Installation takes a day, either with on-site crews or with factory arranged installers. A short staff training session can be done through video or during installation.